

University of Family Learning (UFL) Course Catalog 2021-2022

The **University of Family Learning (UFL)** is an invitation for adult family members of current and future CCSD students to access valuable educational information and networking opportunities that will increase both family and student success. Family and community members are invited to participate in a variety of courses and workshops in four focus areas. Every UFL course or workshop offers credit for hours of participation. Participants who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement."

Scheduling: At this time, classes in the course catalog can be held in a variety of formats, including in-person, via live virtual session, and/or via pre-recorded content. For details on a specific class or to schedule a course, please contact your assigned FACES staff member listed on page 2. If no contact is listed, please email faces@nv.ccsd.net and we will route your request to the appropriate FACES staff member.

Please be advised that a school/organization staff member **must** be present during sessions to assist with any site-specific questions that may arise. At this time, the majority of courses can be offered in English and Spanish separately.

Once scheduled, FACES staff can create a registration form for participants to pre-register if desired. Marketing flyers, which include the registration link, will be shared with the school/organization for promotion and advertising. FACES staff will send a meeting link to pre-registered participants prior to virtual sessions. Please work with your FACES contact for any additional needs specific to your school/organization.

If you have a different scheduling request, please let your assigned FACES contact know.

Focus Areas (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Involvement, Leadership, and Advocacy](#)
- [Promoting Wellness and Development](#)



FACES Contact Information

Name:

Position:

Email:

Phone Number:

Catalog Symbols

	"Superintendent's Selections" - Look for this symbol to see courses recommended by Dr. Jesus F. Jara, Superintendent of Schools.
	Live Virtual Session – This course is <i>ONLY available as a live virtual session</i> via the Google Meet platform.
	New Course - This course is a new addition to our course catalog for the 2020-2021 school year.
	Updated Course - This course is an updated version of an existing course.
	Pre-Recorded Video – This course is available as a pre-recorded video on the FACES website. Click #UFLOnline or scan this QR Code to access our website. This course can be requested with facilitation, where a FACES staff member can host a viewing session and pause intermittently to facilitate an interactive discussion.
	SCAN ME
Other Details:	Courses that are available <i>in-person OR via a live virtual session</i> are marked accordingly in the "Course Length" column.

Parents as Teaching Partners

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
107	100 Ways to Raise a Reader <i>This workshop has been internationally recognized!</i>	CCSD FACES	Children develop a life-long love of reading when they have access to a variety of reading materials and consistently experience creative ways to read. Reading is a family affair! This workshop answers common parental questions about reading and offers families fun reading "games" they can play together at home.	Families with students in Grades K-5	30-minute virtual session OR 1-hour in-person session
107Va	100 Ways to Raise a Reader; Part 1 <i>This workshop has been internationally recognized!</i>	CCSD FACES	Children develop a life-long love of reading when they have access to a variety of reading materials and consistently experience creative ways to read. Reading is a family affair! This video answers common parental questions about reading.	Families with students in Grades K-5	Pre-recorded video available 
107Vb	100 Ways to Raise a Reader; Part 2	CCSD FACES	This second video is a continuation of 100 Ways to Raise a Reader (Part 1). Families are introduced to multiple interactive activities that are personalized to practice reading and writing high-frequency words. These words need to be recognized and produced quickly as they represent some of the most common words students encounter in literacy.	Families with students in Grades K-5	Pre-recorded video available 
107Vc	100 Ways to Raise a Reader; Part 3	CCSD FACES	We want to close our 100 Ways to Raise a Reader video series by challenging you to keep your mind open to possibilities you may have never included in your life to increase access, choice, volume, and opportunities to talk in your family's daily reading routines!	Families with students in Grades K-5	Pre-recorded video available 
122a	100 Ways to Raise a Writer (PK-1)	CCSD FACES	Establishing good writing habits and making the act of writing fun (and not a chore) will help your children tremendously on their path to college or career. This workshop presents some easy ideas to excite your kids about writing on a regular basis.	Families with students in Grades PK-1; Families with children ages three-five	Pre-recorded video available 
123b	A Cup of S.T.E.A.M. Science, Technology, Engineering, Arts, and Math	CCSD FACES	What could you do with a cup and other basic materials? Families will be challenged to build and design in the areas of Science, Technology, Engineering, Arts, and Mathematics during this hands-on workshop. <i>Materials: Participants will need paper, crayons/markers, and plastic cup</i>	Families with students in Grades K-5	30-minute virtual session OR 1-hour in-person session

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203b	Alphabet Awareness and Recognition	CCSD FACES	Alphabet awareness and recognition are the foundation to reading. This video shares activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families will gain strategies, websites, literature, and games to use with their children while helping to build and strengthen their academic readiness skills.	Families with children ages three-five	Pre-recorded video available 
109bV 	Conversations in the Kitchen: Enriching Family Communication	CCSD FACES	Research shows eating family meals together is one of the best ways to improve a child's social-emotional and academic success. Participants will learn how to make the most of their time together by engaging in meaningful conversations around mealtimes.	Families with students in Grades PK-12	Pre-recorded video available 
127 	Dots, Dots, Dots!	CCSD FACES	This workshop features ways you can support your child's natural development from counting objects one-by-one and ways to support instantly recognizing smaller groups through authentic opportunities on a daily basis for early numeracy.	Families with children ages three-five (Adults and children attend class together.)	Pre-recorded video available 
408	Family Storyteller: From the Beginning (Toddlers)	University of Nevada Extension Partners in Parenting	<i>Family Storyteller: From the Beginning</i> is a four-week parenting program designed for families with toddlers ages 13 to 30 months to encourage and help parents play a vital role in the early literacy development of their children.	Families with children ages one-two and a half (Adults and children attend class together.)	4 weekly 1-hour sessions <i>(virtual OR in-person)</i>
407	Family Storyteller: Interactive Literacy (Preschoolers)	University of Nevada Extension Partners in Parenting	This one-time parenting workshop promotes family literacy and school readiness skills. Families participate in parent-child reading and hands-on activities. Choice of workshop topics include: <ul style="list-style-type: none"> • First Steps to Writing • Fun with Nonfiction • Favorite Fairy Tales • Phonics and Sounds 	Families with children ages three-five (Adults and children attend class together.)	1-hour session <i>(virtual OR in-person)</i>
409	Fun to Play for Preschoolers	University of Nevada Extension Partners in Parenting	A series of eight, interactive workshops for parents and preschool-aged children, designed to encourage positive parent-child interaction through creative play experiences. Parents share unique play experiences with their children, which encourages important foundational skill development and sets the stage for future academic success.	Families with children ages two-five (Adults and children attend class together.)	8 weekly 1-hour sessions <i>(virtual OR in-person)</i>

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514 	Help Your Child to Focus on Learning	Nevada PEP	All children struggle with staying on task and finishing their work. This class is full of strategies and provides an understanding of how attention can be a factor in children feeling unsuccessful in school. We will discuss organization challenges and how accommodations can help students develop a routine that keeps them on schedule with homework and long-term assignments. Helping families with new ideas on how to respond to inappropriate behaviors related to attention difficulties gives parents the tools to support student achievement. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in Grades PK-12	1-hour session <i>(virtual ONLY)</i> 
523	How is My Child Reading?	Nevada PEP	Families' involvement in their children's education stands out as one of the greatest predictors of growth and well-being for students with disabilities. This workshop provides the building blocks of learning so families can identify the vocabulary used and ask questions to gain a better understanding on how their children are doing in school. When families learn the terms, the conversation between school staff and parents is focused on student achievement. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in Grades PK-12; Families of children with disabilities	1-hour session <i>(virtual ONLY)</i> 
582	I Know That Letter!	Race to Read	Learning the letter names is an important skill. The sooner your child can name each letter the sooner he or she will be ready for the next step in learning how to read. In this workshop, parents will learn and practice a quick and simple strategy to help children clear this hurdle.	Families with children ages three-five; Families with students in grades PK-2	45-minute session <i>(virtual ONLY)</i> 
432	Junior Master Gardener: Learn, Grow, Eat, and Go! Early Childhood Curriculum <i>Available ONLY at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECs</i>	UNCE Youth Horticulture Education Program	The Junior Master Gardener (JMG) program is an international youth gardening program of the University Cooperative Extension network. JMG engages children and their families in novel, "hands-on" group and individual learning experiences that provide a love of gardening, develop an appreciation for the environment, and cultivate the mind. The JMG Early Childhood Curriculum is designed to engage preschool-aged youth to explore plant parts using hands-on activities, literature in the garden, exercise, and healthful garden-based snacks.	Families with children ages three-five; Families with students in Grades PK-2 (Adults and children attend class together.)	6 weekly 45-minute sessions <i>(virtual OR in-person)</i>

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318	Language Development at Home and at School <i>This session is available in English, Spanish, Amharic, Arabic, Dari, Swahili, and Tigrinya.</i>	CCSD English Language Learner Division	This session provides families with information and resources available to support language development in the home. Information shared includes ideas for supporting social and academic language as well as interactive games families can replicate at home to promote language development in everyday interactions. This session also provides families an understanding of how students are identified as English language learners based on language development levels.	Families with students in Grades PK-12	30-minute virtual session OR 1-hour in-person session Pre-recorded video available 
427	Let's Discover S.T.E.M. Science, Technology, Engineering and Mathematics	University of Nevada Extension Partners in Parenting	Let's Discover S.T.E.M. is a seven-week, parenting program focusing on science, technology, engineering, and mathematics designed for families with preschool-aged children featuring reading and hands-on learning activities. The program aims to help parents create and encourage S.T.E.M.-based activities for children, while building the children's interest and skills in S.T.E.M.	Families with children ages three-five (Adults and children attend class together.)	7 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
410	Little Books and Little Cooks	University of Nevada Extension Partners in Parenting	This seven-week program is designed for families with preschoolers to promote healthy eating, family literacy, and positive parent-child interaction while cooking together. Families learn about food safety, <i>My Plate</i> and the five food groups, benefits of cooking with children, helpful tips for dealing with picky eaters, the importance of fruits and vegetables, <i>The Hungry Meter</i> , and new foods from other cultures.	Families with children ages three-five (Adults and children attend class together.)	7 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
340	MAP Accelerator for Families Measure of Academic Progress	CCSD Assessment, Accountability, Research, and School Improvement Division (AARSI)	MAP (Measure of Academic Progress) Accelerator is an online resource that provides personalized math lessons for students in grades 3-8. (MAP Accelerator is also available in Spanish.) This video will show you how students can access MAP Accelerator through the CCSD Clever Portal as well as some of the key features of the program.	Families with students in Grades 3-8	Pre-recorded video available 
131V	Mathematics Matters for Families (Elementary)	CCSD FACES	Mathematics is everywhere, and all students can achieve success with support! This video shares brain-friendly learning strategies, conversation questions, practice websites, math literature, and fun games for elementary families. <ul style="list-style-type: none"> • Part 1: Brain-friendly Strategies • Part 2: Conversation Questions • Part 3: Family Activities, Games, Books, Websites 	Families with students in Grades K-5	Pre-recorded video available 

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112a	Multiplying Family Fun: Beginning Multiplication Strategies	CCSD FACES	The Multiplying Family Fun video series shares interactive strategies, resources, and tools to help children learn basic multiplication facts. Watch and learn different ways children explain their thinking using objects, numbers, words, and pictures! Part1: What are the strategies of repeated addition, skip counting, arrays, equal groups, and related facts? Part 2: Family Activities, Puzzles, Games, and Websites	Families with students in Grades 3-5	Pre-recorded video available 
583	Oh, Those Pesky Sight Words	Race to Read	Sight words make up approximately 75% of the words printed in primary books. Imagine how much easier reading would be if your child could read these words. Some words are just plain pesky making them extra hard to read. Parents will learn and practice a quick and simple strategy to help your child recognize these words in record time.	Families with students in Grades PK-2	45-minute session <i>(virtual ONLY)</i> 
433	Parenting for School Success	Boys Town	Build your parenting skills each week with an interactive six week course. We teach easy-to-learn techniques to address issues of communication, discipline, decision making, relationships, self-control and school success. The course features a fun and intimate small class setting with an experienced Common Sense Parenting instructor.	Families with students in Grades PK-12; <i>(Adults ONLY)</i>	6 weekly 1-hour virtual sessions OR 2-hour in-person sessions
203V 	Start with a Book (S.W.A.B.) <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECS</i>	CCSD FACES	We will share activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness skills.	Families with children ages three-five (Adults and children attend class together.)	Varies by location
316 	Supporting a Biliterate Home	CCSD English Language Learner Division	This session is designed to help families learn the advantages of a bilingual home. Families will participate in interactive activities that motivate children to continue to use their native language and boost their self-confidence both at home and at school. Families will engage in discussions about research findings, common concerns, and misconceptions about bilingualism. Families will learn how to leverage two languages to enhance children's personal and academic success.	Families with children ages three-five; Families with students in Grades PK-12	30-minute virtual session OR 1-hour in-person session Pre-recorded video available 

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584	Teach Me My Name	Race to Read	Children are naturally curious and motivated by their own name. Parents will learn and practice one fun strategy for teaching early letter recognition using the letters in the child's name. Both parent and child should attend together.	Families with children ages three-five; Families with students in grades PK-2	45-minute session <i>(virtual ONLY)</i> 
121	The Comprehension Puzzle: Read and Remember	CCSD FACES	How do the pieces of the reading puzzle fit together? Experience interactive ways to increase your child's reading comprehension and develop a life-long love of literacy by focusing on specific strategies to use before, during, and after reading. <i>Materials: Participants will need paper and pencil/pen</i>	Families with students in Grades K-5	30-minute virtual session OR 1-hour in-person session
436	Vegas PBS: Early Literacy Learning with Names <i>Available ONLY at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECs</i>	Vegas PBS Ready to Learn	Early literacy learning starts with a child's name! This family engagement workshop series shows grown-ups fun ways to help preschoolers develop pre-name writing skills. These three, one-hour workshops progress through the stages necessary for children to learn how to write their name, using PBS KIDS media, books, and hands-on activities.	Families with children ages three-five (Adults and children attend class together.)	3 weekly 1-hour sessions <i>(virtual OR in-person)</i>
132	Winter Math Activities for Pre-K Families	CCSD FACES	Winter is a cool season for indoor and outdoor math activities. This session shares websites, literature, and games families can use with their preschool-aged children during the winter months and beyond.	Families with children ages three-five	Pre-recorded video available 

Navigating the School System

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
103	Attendance Matters	CCSD FACES	Attendance is a vital clue about which students may need extra support and how well educational programs are operating. You are cordially invited to a fun game-based virtual workshop regarding the impact and importance of daily school attendance.	Families with children in Grades PK-12	30-minute virtual session OR 1-hour in-person session Pre-recorded video available 
132Vb	Canvas LMS: Canvas Observer- Account Registration and Student Pairing	CCSD FACES	In this video, participants (parents/guardians) will learn about observer account registration and how to link students to their account using a student pairing code. <i>(Observer will need a pairing code from the course once the student is enrolled.)</i>	Families with students in Grades PK-12	Pre-recorded video available 
132Vc	Canvas LMS: Canvas Observer- Canvas Parent App	CCSD FACES	In this video, participants will learn how to use the Canvas Parent app. The steps in this video are for a phone display. Tablet displays mirror the same steps, unless noted. Most of this video was created using an iOS device. Any differences for Android users are noted.	Families with students in Grades PK-12	Pre-recorded video available 
132Vd	Canvas LMS: Canvas Overview for Observers	CCSD FACES	In this video, participants will learn about Canvas Dashboard and Global Navigation links and the basic course navigation to view assignment details and grades.	Families with students in Grades PK-12	Pre-recorded video available 
132Va	Canvas LMS: What is Canvas? An Introduction for Parents	CCSD FACES	This session will include a brief introduction to Canvas for parents/guardians, what features can be viewed in Canvas, how to download the parent and student Canvas app, and where to find additional information.	Families with students in Grades PK-12	Pre-recorded video available 

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328	Choose Your Own Adventure: Exploring CCSD Magnet Schools	CCSD Magnet Schools	Parents will learn about the Elementary, Middle, and High School Magnet programs that CCSD offers. By participating in one of these programs, students can "choose their own adventure" and personalize their educational experience.	Families with students in Grades PK-12 (Adults and students may attend class together.)	30-45 minute session <i>(virtual OR in-person)</i> Pre-recorded video available 
133V	Chromebook Basics for Families	CCSD FACES	This video will provide parents and students an introduction with Chromebook basics (connecting to Wi-Fi, logging in, caring for Chromebook, and GoGuardian).	Families with students in Grades PK-12	Pre-recorded video available 
574	College Prep Tips for the Elementary School Parent	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation provides tips on integrating college and career topics into everyday conversations, making college more affordable for your student, strengthening your student's executive skills to help prepare them for college and career success, and allowing your student to picture themselves on a college campus.	Families with students in Grades PK-5 (Adults ONLY)	1-hour session <i>(virtual OR in-person)</i>
331 	Discovering Future Opportunities <i>It is recommended to offer this presentation in English/Spanish separately, however it can be presented bilingually upon request. Please note that a bilingual presentation will be longer.</i>	CCSD English Language Learner Division	This session equips families with tools and resources to help guide their students to explore diverse career options. Families complete an online career assessment to discover their career matches, median salary, and job availability and receive instructions on how to complete the assessment at home with their students. Families learn about the importance of aligning academics with career goal setting for students to discover their future opportunities.	Families of students in Grades 3-12 who are English Language Learners (Adults and students may attend together)	30-minute virtual session OR 1-hour in-person session Pre-recorded video available 
136V	Google Meet Basics for Families	CCSD FACES	This video will provide parents/guardians and students with the basics on how to use Google Meet for distance education.	Families with students in Grades PK-12	Pre-recorded video available 

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138V	How to Login to Clever	CCSD FACES	This instructional video explains how students, their families, teachers, and administrators can login to the Clever Portal to access all their online learning resources.	Families with students in Grades PK-12	Pre-recorded video available 
581	It's Never Too Early to Save for College	Ascensus representing SSGA UPromise 529 College Savings Program	College may be expensive, but if you plan ahead, it won't be out of reach. This course helps parents/guardians understand the importance of saving for college. Although it's never too late, the earlier you start, the better. Parents will learn: <ul style="list-style-type: none"> • What's the real cost of college? • What is a 529 college savings account? • Why should I save now, instead of my kid borrowing later? • Who can open a 529 college savings account? • What programs does the State of NV offer to help me save? 	Families with children ages zero-five; Families with students in Grades PK-12	1-hour session <i>(virtual OR in-person)</i>
342	MAP Assessment at Home Measure of Academic Progress	CCSD Assessment, Accountability, Research, and School Improvement Division (AARSI)	In this 3 video series, parents/guardians will learn more about the Measure of Academic Progress (MAP) Growth Assessment and how to successfully support a remote testing administration. <ul style="list-style-type: none"> • Video 1: Getting Prepared for MAP Testing at Home • Video 2: Getting Ready for MAP Testing Day • Video 3: What to do on MAP Testing Day 	Families with students in Grades 3-8	Pre-recorded video available 
104 	Navigating Infinite Campus Parent Portal	CCSD FACES	This learning session is designed to support families as they navigate CCSD's web-based information system. Participants will learn valuable information on how to monitor their child's progress in school and access important records.	Families with students in Grades PK-12	30-minute virtual session OR 1-hour in-person session
104Va	Navigating Infinite Campus Parent Portal Part 1: Logging in and Updating Contact Information	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system. Participants will learn how to log on and update their contact information to ensure they are receiving communication from their child's school.	Families with students in Grades PK-12	Pre-recorded video available 
104Vb	Navigating Infinite Campus Parent Portal Part 2: Checking Grades and Finding School Contact Information	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system. Participants will learn how to check their child's quarter and semester grades and how to find school contact information.	Families with students in Grades PK-12	Pre-recorded video available 

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104Vc	Navigating Infinite Campus Parent Portal Part 3: Online Registration for the 2021-2022 School Year	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system. Participants will learn how to register their child for the 2021-2022 school year as part of the Online Registration (OLR) process.	Families with students in Grades PK-12	Pre-recorded video available 
104Vd	Navigating Infinite Campus Parent Portal Part 4: Accessing Your Child's Progress Document	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system. Participants will be shown the steps on how to access three very important document; progress reports, report cards, and the unofficial transcript.	Families with students in Grades PK-12	Pre-recorded video available 
330	Newcomer Orientation: Exploring CCSD <i>Interpretation may be available in Swahili, Farsi, Arabic, Amharic, Tigrinya, French, Spanish, and Tagalog. Please note that a bilingual presentation will be longer.</i>	CCSD English Language Learner Division	This session assists families and students with making a smooth transition into the school community. Families leave this session with the knowledge necessary to navigate new educational experiences as well as find out about the available support that promotes student success.	Newcomer families who have recently arrived to the United States with students Grades PK-12	30-minute virtual session OR 1-hour in-person session Pre-recorded video available 
513 	Restorative Practices in School: What Parents Need to Know	Nevada PEP	Changes are coming to Nevada on how your child's school will respond when children break the rules. In the past, progressive discipline was used, and children were often suspended. Nevada has passed laws in 2019 and 2021 so that children will be given an opportunity to learn how their behavior affects others, accept responsibility, and take steps towards making things right. Join us as we learn about this shift to build relationships that will keep children in school and support student learning. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in grades PK-12	1-hour session <i>(virtual ONLY)</i> 
137V	Routines, Schedules, and Flexibility	CCSD FACES	This learning session is designed to support families during distance learning. Participants will learn the benefits of daily routines, ways to create daily schedules or checklists, and the importance of flexibility.	Families with students in Grades PK-12	Pre-recorded video available 

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577E 	Soft Skills for Success	University of Nevada, Las Vegas (UNLV) Early Outreach	Elementary school is the perfect time for parents to help their student build foundational soft skills. This presentation addresses communication, adaptability, self-monitoring, and empathy as non-academic skills children need to succeed in school and life. Having good soft skills serves students at all stages of life - in school, at home, and in their future careers.	Families with students in Grades K-5	1-hour session <i>(virtual OR in-person)</i>
573E	The Truth About College	University of Nevada, Las Vegas (UNLV) Early Outreach	This presentation addresses the reality of the following common misconceptions about college: I can't afford to send my student to college, I have time before my student needs to think about college, a college degree isn't worth it anymore, my student is not college-bound, and I can't talk to my student about college - I didn't go.	Families with students in Grades PK-5	1-hour session <i>(virtual OR in-person)</i>
119	Transitions in Education: Thriving in Middle School	CCSD FACES	In this workshop, we will explore some of the major changes that students may encounter in middle school and how parents or caregivers can support their children during this challenging time.	Families with students in Grades 5-8	30-minute virtual session OR 1-hour in-person session Pre-recorded video available 
508 	Understanding Individualized Education Plans (IEP) Virtual Style	Nevada PEP	This class helps families understand how they can have meaningful participation in the IEP process. Learning about procedural safeguards, advocacy tips, and developing relationships with school staff are essential components to improving student success. Parents are an integral part of the IEP team that keep expectations high and identify services that are designed to meet students' unique needs and prepare them for further education. <i>(This training is geared toward families with children with all disabilities.)</i>	Families of students receiving Special Education services	1-hour session <i>(virtual ONLY)</i> 
341	Understanding the MAP Growth Report Measure of Academic Progress	CCSD Assessment, Accountability, Research, and School Improvement Division (AARS!) and CCSD FACES	In this video, parents and guardians will learn more about the Measure of Academic Progress (MAP) Growth Family Report, including background information on the MAP Growth assessment, how to interpret their child's scores, and ways to use the data to increase growth and achievement.	Families with students in Grades 3-8	Pre-recorded video available 

Involvement, Leadership, and Advocacy

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
502	Bullies, Targets and Bystanders: Responses That Work	Nevada PEP	This workshop helps families understand bullying behavior and provides strategies for parents to address it. Safety plans, IEP accommodations, and disability harassment are discussed to give parents more information. Learning the Nevada regulations and specific steps parents can take when bullying occurs will contribute to schools becoming bully-free environments. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in Grades PK-12	1-hour session <i>(virtual ONLY)</i> 
553	NetSmartz: Internet Safety	Nevada Child Seekers	This program is from the <i>National Center for Missing and Exploited Children</i> covering all topics of internet safety. Participants will receive information on current trends, dangerous apps, how to recognize online predators, cyberbullying and parenting apps that can be used at home.	Families with children ages zero-five; Families with students in Grades PK-12 (Adults and children may attend the class together)	45-minute session <i>(virtual OR in-person)</i>
421	Screen Time Smarts	University of Nevada Extension Partners in Parenting Program	<i>Screen Time Smarts</i> is a digital media workshop for parents of young children. In today's world of smartphones, tablets, and on-demand services, preschoolers are a technology and media saturated generation. This workshop will highlight recommended screen time guidelines, parental involvement, online safety and tips for choosing educational applications and e-books. It also includes a story time and hands-on iPad activity.	Families with children ages zero-five (Adults and children attend class together.)	1.5-hour session <i>(virtual OR in-person)</i>
572	Six Advocacy Skills that Turn NOs into YESs	Nevada PEP	Parents are experts on their children and know what their children need. Learn how to advocate for your child with these six amazing strategies. This workshop focuses on building relationships and using skills that help families work as a partner with schools and community organizations. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with children ages zero-five; Families with students in Grades PK-12	1-hour session <i>(virtual ONLY)</i> 
518	Speaking Up for Your Family and Community: Advocacy 101	Prevent Child Abuse Nevada at NICRP	Learn the basics of what advocacy consists of and discover how this process can help you achieve a better outcome for you, your family, and your community.	Families with students in Grades PK-12; Families with children ages zero-five	1-hour session <i>(virtual OR in-person)</i>

Promoting Wellness and Development

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
401	ABCs of Parenting <i>Spanish Course 401S Mejoramiento Familiar</i>	Clark County Department of Family Services Parenting Project	This exciting and interactive five-week program for parents of children ages five to ten years old helps parents of school-aged children gain an understanding of their children's development and behavior. Parents learn how to communicate effectively with their children, encourage better behavior, use positive discipline techniques, and teach responsibility. Parents will explore ways to help their children succeed in school, solve problems, manage stress and anger, and talk to their children about drugs, alcohol, and other issues.	Families with students in Grades PK-5 <i>(Adults ONLY)</i>	6 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
571	Becoming a Legal Permanent Resident	U.S. Citizenship and Immigration Services	This workshop provides an overview of U.S. Citizenship and Immigration Services programs and what options are available to acquire legal permanent resident status (green card) in the U.S.	Adult family members of CCSD students	1-2-hour session <i>(virtual OR in-person)</i>
532	Becoming a U.S. Citizen	U.S. Citizenship and Immigration Services	This workshop provides information on the process of becoming a U.S. Citizen for those who currently have permanent residency status.	Adult family members of CCSD students	1-2-hour session <i>(virtual OR in-person)</i>
575 	Budgeting and Spending Habits	SCE Federal Credit Union	Money is supposed to make us feel "secure." Often times, the idea of money makes many folks feel stressed or frustrated. In this workshop, we discuss practical ways to help better manage money and practice smart spending habits. Learning how to better manage our personal finances can lead to more savings, better credit, getting out of debt, and feeling more secure.	Adult family members of CCSD students	1-hour session <i>(virtual OR in-person)</i>
539 	Budgeting and Your Financial Future	Universal Retirement	Does living on a budget sound like a drag? Learn how to change your mindset to understand how budgeting can change your financial situation and your life!	Adults family members of CCSD students	40-minute session <i>(virtual OR in-person)</i>
519	Choose Your Caregiver Carefully	Prevent Child Abuse Nevada at NICRP	The purpose of this course is to provide information on how to carefully select safe caregivers for children including identifying warning signs and behaviors in potential significant others, babysitters, or other individuals that may care for children.	Families with students in Grades PK-12; Families with children ages zero-five	1.5-hour session <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
404	Common Sense Parenting (School-Aged) <i>Available separately in Spanish Course 404S La Crianza Practica de los Hijos</i>	Boys Town	This six-week practical, skill-based program can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision-making, relationships, self-control, and school success. Parents learn to communicate effectively, avoid power struggles, give positive attention, control emotions, balance discipline with affection, and praise a child's good behavior. Parents who complete the course receive a copy of the <i>Common Sense Parenting</i> book.	Families with children ages five-eleven	7 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
405	Common Sense Parenting (Toddler/Preschool) <i>Available separately in Spanish Course 405S La Crianza Practica de los Hijos</i>	Boys Town	This six-week practical, skill-based program can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision-making, relationships, self-control, and school success. Parents learn to communicate effectively, avoid power struggles, give positive attention, control emotions, balance discipline with affection, and praise a child's good behavior. Parents who complete the course receive a copy of the <i>Common Sense Parenting</i> book.	Families with children ages two-four	7 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
201a	Conversational ESL: English as a Second Language (ESL) for Adults <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECs</i>	CCSD FACES	This ongoing course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at each FACES Family Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Adult family members of CCSD students	Varies by location
201c	Conversational Spanish: Spanish as a Second Language for Adults <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECs</i>	CCSD FACES	This ongoing course introduces adults to basic structures and vocabulary of the Spanish language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at selected FACES Family Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Adult family members of CCSD students	Varies by location
422	English as a Second Language (ESL) for Adults <i>Please email faces@nv.ccsd.net or call (702)799-0303 to register</i>	College of Sothern Nevada Adult Career and Education Services (ACES)	This course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills.	Adult family members of CCSD students	Varies by location <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
406	Expanded Food and Nutrition Education Program (EFNEP) <i>Spanish Course 406S Programa Ampliado de Educación sobre Nutrición y Alimentos</i>	University of Nevada Extension	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat healthy! Our eight-lesson class series will teach you to: <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family. • Prepare new recipes and eat more meals at home. • New ways to enjoy fruits and vegetables. • Control portion sizes. • Prepare and store food safely and prevent waste. • Prepare nutritious and delicious recipes. • Be more physically active with your children. 	Adult family members of CCSD students	1.5-hour sessions 2 times a week for 4 weeks <i>(virtual OR in-person)</i>
403	Exploring Safety: A Program for Parents with Young Children	University of Nevada Extension Partners in Parenting Program	Exploring Safety is designed for parents to increase their awareness and knowledge of several child safety/welfare issues. Each session includes free children's books and activities. The six-week program topics include: <ul style="list-style-type: none"> • Lesson 1: Protecting Your Child (Safety Tips). • Lesson 2: Shaken Baby Syndrome/Abusive Head Trauma. • Lesson 3: Body Safety 1 (Body Parts). • Lesson 4: Body Safety 2 (How to Say "No"). • Lesson 5: Stress Management. • Lesson 6: Positive Parenting Guidance. 	Families with children ages zero-five	6 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>
531	Family-Based Immigration: Petitioning for My Relatives	U.S. Citizenship and Immigration Services	This workshop provides information about family-based immigration as well as basics about how the United States immigration system works. It will help families answer the following questions: Can I help my family members come to the U.S.? What do I need to do and how long will it take?	Adult family members of CCSD students	1-2-hour session <i>(virtual OR in-person)</i>
538	Identifying Depression, Anxiety, and Trauma in Children and Adolescents	Family and Child Treatment of Southern Nevada	This course helps parents understand and identify symptoms of depression, anxiety, ADHD, and trauma in children and adolescents, how to help their children at home, and when a higher level of care is needed.	Families with students in Grades PK-12 <i>(Adults ONLY)</i>	45-minute – 1-hour session <i>(virtual OR in-person)</i>
509	It's Not Just Jenna	The Rape Crisis Center	<i>It's Not Just Jenna</i> presents the story of Jenna, who was abused by a family friend, and follows how Jenna and her family responded to the abuse. Through the story of this family, parents learn about sexual abuse and how to keep their families safe.	Adults family members of CCSD Student <i>(Adults ONLY due to sensitive material)</i>	1.5-hour session <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
540	Importance of Oral Health	LIBERTY Dental Plan of Nevada	Oral health is vital to overall health. The mouth is the window to the whole body. Having good oral hygiene and healthy nutrition is important. Participants will learn the importance of brushing and flossing, what gum disease is, and how to prevent cavities.	Families with children ages zero-five; Families with students in grades PK-5 (Adults and children may attend class together.)	30 - 45-minute session <i>(virtual OR in-person)</i>
561	Keeping Your Family Safe from Everyday Health Hazards in the Home	University of Nevada, Las Vegas (UNLV) Nevada Childhood Lead Poisoning Prevention Program	<p>The Nevada Childhood Lead Poisoning Prevention Program will offer an interactive presentation to educate community members about everyday health hazards in the home such as lead hazards, asthma triggers, and preventable injuries.</p> <p>The objective of this course is to promote safer and healthier homes in order to promote students success. Our homes and some of the things we bring into our homes can affect our children's health. For instance, exposure to lead which may be found in homes built before 1978 can lead to difficulties in learning and behavioral problems. Lead can also be found in everyday products we bring into our home. Other hazards can trigger or exacerbate other health conditions and cause preventable injury. Healthier homes mean healthier kids that can go to school ready to learn.</p>	Families with children ages zero-five; Families with students in grades PK-2	1-hour session <i>(virtual OR in-person)</i>
587 	Managing Stress for Caregivers with Special Needs	Dignity Health Community Outreach	This workshop gives you the skills to care for yourself while caring for someone you love. By taking this workshop, we hope caregivers will be able to better manage emotions, reduce stress, and increase self-confidence and self-care behaviors. Join us and take this time to develop skills to overcome the burden and stress from your role as a caregiver.	Families and caregivers with children ages zero-five; Families with students in grades PK-12 <i>(Adults ONLY)</i>	60-90 minute session <i>(virtual OR in-person)</i>
562 	Mental Health in Children and Adolescents – Pediatric Access Line <i>This class is presented in English and Spanish separately.</i>	Chicanos Por La Causa (CPLC)	<p>This two-session course is designed to teach parents, family members, caregivers, and education professionals about mental health in children and adolescents. Equipped with this knowledge, adults can address concerns promptly and appropriately to reduce problems at home, in school, and in friendships as their children develop into healthy adults.</p> <ul style="list-style-type: none"> • Session 1: Common mental health diagnoses, including ADHD, anxiety, and depression • Session 2: How to get your child the help they need 	Adult family members and caregivers with children in Grades PK-12 <i>(Adults ONLY)</i>	2 weekly 1.5-hour sessions <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
570	New Immigrant Orientation for Legal Permanent Residents and Refugees	U.S. Citizenship and Immigration Services	This workshop provides a brief overview of petitioning for family, becoming a U.S. citizen, your rights and responsibilities, and USCIS tools and resources.	Adult family members of CCSD students	1-2-hour session <i>(virtual OR in-person)</i>
411	Nurturing Parents and Families <i>Spanish Course 411S Criando con Amor</i>	Clark County Department of Family Services Parenting Project	This six-week program, designed for parents of children ages six months to five years-old promotes positive, healthy, and nurturing interactions between parents and their infants, toddlers, and preschool children. Developmental stages of children from infancy through preschool are presented. Parents will learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced.	Families with children ages six months–five years <i>(Adults ONLY)</i>	6 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
434	Parenting During COVID-19	Clark County Department of Family Services Parenting Project	Children who grow up in positive, nurturing, and safe environments with clear limits and boundaries are more likely to succeed in school and have positive relationships with others. Parents will feel more competent and confident in their parenting role during COVID-19.	Families with children ages zero-five; Families with students in grades PK-12 <i>(Adults ONLY)</i>	1.5-hour session <i>(virtual OR in-person)</i>
586 	Powerful Tools for Caregivers: Caregivers of Children with Special Health and Behavioral Needs	Dignity Health Community Outreach	This course gives you the skills to care for yourself while caring for someone else. By taking care of your own health and well-being, you become a better caregiver. This class will give you the tools to help reduce stress, improve self-confidence, better communicate feelings, locate helpful resources, make tough decisions, manage time, set goals, and solve problems.	Families and caregivers with children ages zero-five; Families with students in grades PK-12 <i>(Adults ONLY)</i>	6 weekly 2-hour sessions <i>(virtual OR in-person)</i>
424	Raising Confident, Competent Children (A Triple P Seminar) <i>Spanish Course 424S Criando Niños Seguros y Competentes</i>	Clark County Department of Family Services Parenting Project	This seminar focuses on teaching children skills and values. Parents learn how respect, developing communication skills, promoting healthy self-esteem, learning to solve problems, and supporting independence contribute to the positive development of their children.	Families with children ages two-eleven	1.5-hour session <i>(virtual OR in-person)</i>
425	Raising Resilient Children (A Triple P Seminar) <i>Spanish Course 425S Criando Niños Resilientes</i>	Clark County Department of Family Services Parenting Project	In this session, parents learn to help their children cope with emotions and stress. Helping children develop emotional resilience, recognize and appropriately express feelings, and develop coping skills are key discussion topics.	Families with children ages two-eleven	1.5-hour session <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
559	Recognizing and Reporting Child Maltreatment	Prevent Child Abuse Nevada at NICRP	Child maltreatment is not selective; it exists in all segments of our society. This training will teach individuals how to recognize characteristics of child maltreatment in children and abusive parents, defining a mandated reporter, identifying steps in reporting suspected child maltreatment, and resources for families and caregivers.	Families with children ages zero-five; Families with students in Grades PK-12 <i>(Adults ONLY due to sensitive material)</i>	1.5-hour session <i>(virtual OR in-person)</i>
139V	Social-Emotional Learning	CCSD FACES	The Social-Emotional video series shares interactive strategies, resources, and tools to help families support their children with social-emotional learning during Distance Education. Watch and learn how to apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, and take responsibility for oneself to maintain healthy relationships and practice self-care. <ul style="list-style-type: none"> • Video 1: Coping Strategies for Feelings and Emotions • Video 2: Self-Esteem – The Invisible Mask • Video 3: Talk it Out! • Video 4: Breathe it Out! 	Family members with students in Grades K-12	Pre-recorded video available 
416	Stepping Stones Triple P <i>Spanish Course 416S Stepping Stones Triple P en Español</i>	Clark County Department of Family Services Parenting Project	The <i>Stepping Stones Triple P-Positive Parenting Program</i> provides parents who have a child with a disability with the skills and tools to promote positive behaviors and deal with misbehavior that can make a positive difference in family life.	Families with children ages two-eleven who have a disability	8 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
510 	Strategies for Your Family and Community	The Rape Crisis Center	This presentation introduces the issue of child sexual abuse, providing basic information and concrete strategies for making our community safer. Experiencing childhood sexual abuse often leads to some degree of trauma, and trauma severely impacts a child's ability to learn and concentrate in school, as well as the development of the brain. Addressing this topic alleviates this problem by either preventing the trauma before it happens using the tools presented, or by allowing the quick identification and treatment of trauma, which decreases the impacts of trauma and supporting learning.	Adults family members and Caregivers of CCSD students <i>(Adults ONLY due to sensitive material)</i>	1.5 - 2-hour session <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
324	Street Smarts: Encouraging Safe Walking and Bicycling to and from School	CCSD Safe Routes to Schools	Walking and bicycling to and from school provides many benefits to students. Learn about those benefits and the following: teaching children to walk and bicycle safely to and from school, the importance of being a role model, and an overview of a parent-led walking school bus or bicycle train program.	Families with students in Grades PK-8; Parent groups (Adults and students may attend together)	1-hour session <i>(virtual ONLY)</i>  Pre-recorded video available 
551	The Impact of the Games We Play	Nevada Council on Problem Gambling	Las Vegas is the gaming entertainment capital of the world, with opportunities to gamble on every corner, and one of the highest prevalence rates of problem gambling in the nation. Video games are now the fastest-growing entertainment media, generating more sales than the movie and music industry combined, and not surprisingly, video gaming addiction is on the rise for both youth and adults. This seminar will discuss the difference between healthy recreation and problematic gambling/gaming, make parents and children aware of the signs and symptoms of gambling/gaming addiction, and shed light on the impact of these problems on adults, children, and the family as a whole. Participants will be provided information on available, community resources for individuals and their family members who are dealing with a gambling or a gaming problem.	Adult family members of CCSD students	1.5-hour session <i>(virtual OR in-person)</i>
423	The Power of Positive Parenting (A Triple P Seminar) <i>Spanish Course 423S El Poder de la Crianza Positiva</i>	Clark County Department of Family Services Parenting Project	In this seminar, parents learn the five principles of positive parenting, why these principles promote child development, and how they impact children's behavior. Parents who use the skills will feel more confident and competent and will have less conflict with their children.	Families with children ages two-eleven <i>(Adults ONLY)</i>	1.5-hour session <i>(virtual OR in-person)</i>
520	Toxic Stress and High Risk Behaviors	Prevent Child Abuse Nevada at NICRP	Living in stressful environments can negatively affect a child's emotional, social, and physical development. Through this training, attendees will be provided with an overview of how stress can affect brain development and will learn how these changes in the brain may lead to the adoption of high risk behaviors.	Families with children ages zero-five; Families with students in grades PK-12	1.5-hour session <i>(virtual OR in-person)</i>

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
413	Triple P: Positive Parenting Program <i>Spanish Course 413S Programa de Padres Positivos</i>	Clark County Department of Family Services Parenting Project	The <i>Triple P Positive Parenting Program</i> helps parents with children ages two to eleven manage difficult behavior problems. <i>Triple P</i> suggests simple routines and small changes that can make a big difference in families. It helps parents understand the way their family works and helps create a more stable, supportive, and harmonious family. In this eight-session program, parents learn to deal positively, consistently, and decisively with problem behaviors and build positive relationships with their children so that conflict is resolved.	Families with children ages two-eleven	8 weekly 2-hour sessions <i>(virtual OR in-person)</i> <i>**must attend all sessions</i>
337	What's Cooking in School Kitchens?	CCSD Food Service	Do you ever wonder what's cooking in school kitchens? Well you are in luck! In this course you will learn about how school menus are created, where the food comes from, nutritional requirements for school meals, smart snack nutritional requirements, special meals, and so much more.	Families with students in Grades PK-12	30-minute session <i>(virtual OR in-person)</i> Pre-recorded video available 